

September

Served at HHS and HMS Only:

Breakfast Boxes will be served Daily

Pop Tart, Graham Crackers, and Fruit

Cereal Bars or Cereal Bowls, Graham Crackers, and Fruit

Yogurt, Graham Crackers, Granola, Fruit

Breakfast for The Week Will Be:

Monday: Egg and Cheese Biscuit, Hash Round, Juice, Fruit, and Milk

Tuesday: Breakfast Pizza or Bagel, Juice, Fruit, and Milk

Wednesday: KES Pancake on a stick w/ Syrup, Juice, Fruit, and Milk

HMS & HHS Pancakes w/Sausage & Syrup, Juice, Fruit, and Milk

Thursday: Cinnamon Buns w/Sausage Links, Juice, Fruit, and Milk

Friday: Sausage or Chicken Biscuits, Juice, Fruit, and Milk

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Asian Chicken w/Fried Rice, Stir Fry Veggies, Fruit & Milk	2 Crispy Steak Steamed Broccoli/ w Cheese Sauce Roll, Fruit and Milk	3 Taco Salad, Chips, Lettuce, Salsa, Cheese, Corn Mexican Condiments Fruit and Milk	4 Pizza: Cheese or Pepperoni, Side Salad, Corn, Cookie, Fruit and Milk	5
6	7 Labor Day!!	8 Hot Pockets Carrots/ w Dressing Marinara, Muffins, Fruit and Milk	9 Cheese or Plain Burger Lettuce, Tomato, Baked Beans, Chips, Fruit and Milk	10 Chicken over Rice Steamed Broccoli, Roll, Fruit and Milk	11 Pizza: Cheese or Pepperoni, Side Salad, Corn, Cookie, Fruit and Milk	12
13	14 Crispitos Pinto Beans, Mexican Condiments, Fruit and Milk	15 Chicken Finger Broccoli and Cheese Roll, Fruit and Milk	16 BBQ Plate, Cole slaw, Sliced Bread Fruit and Milk	17 Spaghetti w/meat sauce Corn, Roll Fruit and Milk	18 Chicken Sandwich Lettuce, Tomato Chips, Fresh Broccoli Fruit and Milk	19
20	21 Hot Dogs, Baked Beans, French Fries, Fruit and Milk	22 Boneless Wings Carrots and Celery, W/ Dressing Brownie Fruit and Milk	23 Ham Sub French Fries, Lettuce, Tomato, Fresh Broccoli , Fruit and Milk	24 Beef Tips in gravy Rice, Mixed Vegetables, Fruit and Milk	25 Pizza: Cheese or Pepperoni, Side Salad, Corn, Cookie, Fruit and Milk	26
27	28 Burrito Mexican Rice, Corn Salsa, Sour Cream, Fruit and Milk	29 Salisbury Steak w Gravy Roll, Steamed Carrots Fruit & Milk	30 Crispy Steak Steamed Broccoli/ w Cheese Sauce Roll, Fruit and Milk	1 Pork Chop Black eyed Peas, Turnip Green, Corn Bread, Fruit and Milk	2 Chicken Sandwich Lettuce, Tomato Chips, Fresh Broccoli Fruit and Milk	