

# February 2023

Breakfast for The Week Will Be:

Monday: **Breakfast Burrito, Juice, Fruit, and Milk**

Tuesday: **Breakfast Pizza or Bagel, Juice, Fruit, and Milk**

Wednesday: **KES Pancake on a stick w/ Syrup, Juice, Fruit, and Milk**

HMS & HHS **Pancakes w/Sausage & Syrup, Juice, Fruit, and Milk**

Thursday: **Cinnamon Buns w/Sausage Links, Juice, Fruit, and Milk**

Friday: **Sausage or Chicken Biscuits, Juice, Fruit, and Milk**

**Cold Breakfast Boxes** will be served Daily. Your Choices are:

Pop Tart Box, or Cereal Bowls Box, or Cereal Bars Box, Served with Graham Crackers, Fruit & Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WK 25</b> PB& J Meal Boxes Salad Meal Boxes Launchable Meal Boxes Wrap Meal Boxes Varsity from site to site	30 <b>Crispitos</b> <b>Rice and Beans</b> <b>Shredded Lettuce, Salsa</b> <b>Fruit &amp; Milk</b>	31 <b>Crispy Steak</b> <b>Greens Beans,</b> <b>Whole Wheat Roll</b> <b>Fruit &amp; Milk</b>	1 <b>Hamburger's w/Cheese</b> <b>French Fries,</b> <b>Lettuce, Tomato,</b> <b>Fruit &amp; Milk</b>	2 <b>Chicken Alfredo,</b> <b>Steamed Broccoli,</b> <b>Bread Stick,</b> <b>Fruit &amp; Milk</b>	3 <b>Pizza,</b> <b>Baby Carrots, Corn</b> <b>w/dressing, Cookie,</b> <b>Fruit &amp; Milk</b>
<b>WK 26</b>	6 <b>Hot Dog</b> <b>Baked Beans,</b> <b>French Fries</b> <b>Fruit &amp; Milk</b>	7 <b>Oven Roasted Chicken</b> <b>Mac-n-Cheese</b> <b>Steam Broccoli,</b> <b>Fruit &amp; Milk</b>	8 <b>Ham &amp; Cheese</b> <b>Sandwich</b> <b>Carrots &amp; Celery Sticks</b> <b>w/Dressing,</b> <b>Fruit &amp; Milk</b>	9 <b>Vegetable Soup w/Grilled</b> <b>Cheese Sandwich,</b> <b>Pudding cup,</b> <b>Fruit &amp; Milk</b>	10 <b>Chicken Sandwiches</b> <b>Whole Kernel Corn,</b> <b>Cookie,</b> <b>Fruit &amp; Milk</b>
<b>WK 27</b>	13 <b>Fish Nuggets</b> <b>Cole Slaw, French Fries</b> <b>Hushpuppies</b> <b>Fruit &amp; Milk</b>	14 <b>Lasagna Rollups in</b> <b>Spaghetti Sauce, Roll,</b> <b>Side Salad w/Dressing,</b> <b>Fruit &amp; Milk</b>	15 <b>BBQ Plate</b> <b>Baked Beans, Cole Slaw</b> <b>Slice of Bread</b> <b>Fruit &amp; Milk</b>	16 <b>Hamburger Helper</b> <b>Steamed Broccoli,</b> <b>Whole Wheat Roll</b> <b>Fruit &amp; Milk</b>	17 <b>Pizza,</b> <b>Corn, Baby Carrots</b> <b>w/dressing, Cookie,</b> <b>Fruit &amp; Milk</b>
<b>WK 28</b>	20 <b>School Closed</b> <b>Student Holiday</b>	 21 <b>Corn Dog,</b> <b>Baked Beans,</b> <b>Sun Chips, Fruit &amp; Milk</b>	22 <b>Pepperoni Calzone</b> <b>Marinara Sauce,</b> <b>Carrot Sticks w/dressing</b> <b>Fruit &amp; Milk</b>	23 <b>Beef Taco Soup</b> <b>w/Corn Chips, Cheese</b> <b>Pudding cup,</b> <b>Fruit &amp; Milk</b>	24 <b>Chicken Sandwiches</b> <b>Whole Kernel Corn,</b> <b>Cookie,</b> <b>Fruit &amp; Milk</b>
<b>WK 29</b>	27 <b>Boneless Chicken Bites</b> <b>Carrots &amp; Celery Sticks</b> <b>w/Ranch Dipping Sauce</b> <b>Fruit &amp; Milk</b>	28 <b>Crispy Steak,</b> <b>English Peas, Roll,</b> <b>Cream Potatoes,</b> <b>Fruit &amp; Milk</b>	1 <b>Hamburger's w/Cheese</b> <b>Baked Beans, Sun Chips</b> <b>Lettuce, Tomato,</b> <b>Fruit &amp; Milk</b>	2 <b>Asian Chicken</b> <b>w/Fried Rice,</b> <b>Stir Fry Veggies</b> <b>Fruit &amp; Milk</b>	3 <b>Pizza,</b> <b>Corn, Side Salad</b> <b>w/dressing, Cookie,</b> <b>Fruit &amp; Milk</b>